Orsti-Guide 2024/25

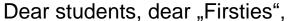


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welcome to the most beautiful Hanseatic city in the world – with short distances from A to B, between students and lecturers, science and economy! This place, which is home to my heart, will be the one, you think of, whenever you recall the years of study. These years – still a blank paper now – will be filled with lots and lots of moments and memories, with lust for life and learning success.

From now on you are Stralsund's newcomers. Congrats on the best decisision you've ever made so far! Welcome to the quayside of life!

Come on, gain, whatever can be gained! First of all experience. Your track record of today will be your bedrock of tomorrow. It enables you to become sly like a fox and cool as a cucumber.

Besides studies and seminars, placements and projects, excursion and excursus at the HOST and at the companies of our town, Stralsund offers much more: friends for example. You have to find and cling to them on your own but we've built the perfect location at the heart of our UNESCO world heritage – with music and museums, harbour and theatre, beach and bars, sailing and swimming, pubs and clubs, cinema and Christmas market...

Go for it! Strong-willed. Courageous. And, whenever necessary, critical. It's not just you who are meant to grow in Stralsund, Stralsund owes you its growth as well. Together we want to keep on improving. Who knows, maybe in the end our Hanseatic city won't just be a stage on your way, maybe it becomes your home, a home to your heart... I would be more than happy!

Kindest regards

Alexander Badrow, Lord Mayor

Dear students,

Welcome, it's great to have you here.

During your studies at HOST, you will develop your individual competences. This will provide you with a set of skills and methods that will enable you to utilise opportunities flexibly and creatively and master challenges that we are not even aware of today.

We offer you the freedom and all the opportunities you need to develop. Take advantage of them. Always be curious about new things, study with ambition and passion.



All members of staff at the university see themselves as your trainers, supporters and guides so that you can learn new knowledge and new methods and grow beyond your limits. Your degree programme is practice-oriented and clearly structured. Small study groups provide you with good, individualised and intensive support. You can then put your knowledge to the practical test in future-oriented laboratories. You won't have to study alone - many things are much easier in study groups.

Thanks to our more than 100 partnerships with international universities, we can offer you the ideal opportunity to study abroad. These university partnerships ensure that your academic achievements abroad are fully recognised by us. May I give you this advice: Take advantage of such offers, later in your (professional) life you will clearly benefit from your experience abroad.

You can take advantage of the entire range of programmes offered by your university. Simply visit programmes offered by other faculties. It is precisely this interdisciplinarity that characterises science and opens up new perspectives in the truest sense of the word.

We know that studying can also have its hurdles. We are there to help you with every situation, challenge and question, for example when looking for internships, starting a job or setting up your own company. Get in touch with us.

Together we are a university and a university community. Our common goal is for you to study well, contribute to our university and enjoy student life.

You are in demand: you can directly help shape your university in student representative bodies and university initiatives. Join us from the very beginning, have fun shaping things together and develop our university with your ideas and openmindedness. See your university as your personal creative space.

Welcome to your Stralsund University of Applied Sciences.

Yours, Ralph Sonntag

Student self-administration

The students enrolled at HOST make up the student body. As it is difficult to bring around 2,000 individuals under one roof, there is the student self-administration. It represents the interests of the student body towards the university and external affairs.

The Student Parliament (StuPa)

The StuPa is the decision-making body of the student body. It decides on changes to the statutes, approves the budget and monitors the AStA's accounts.



The StuPa meets approximately once a month in House 4.



The General Students' Committee (AStA)

The AStA stands up for all students, as its task is to contribute to the improvement of teaching and student life. The AStA is the executive body of the student body and implements the resolutions of the StuPa.

All AStA meetings are open to the public and take place every Tuesday at 19:15 in House 19, Room 115.

Student self-administration

The student councils

There are 3 student councils at the university - Electrical Engineering/Computer Science (ETI), Mechanical Engineering (MB) and Economics (WS). The student councils take care of subject-related concerns of the students of a faculty and are there to help with problems in everyday student life.

Meeting times:

ETI: Mondays every 2 weeks 19:10 (House 4/ HS 6)

MB: on the notice board at the entrance to

lecture hall B (building 19/room 113)

WS: every Tuesday at 14:00 (House 21/Room

216)







The state conference of the student body (LKS)

Students in the state of Mecklenburg-Vorpommern form the State Conference of Student Bodies (LKS). The LKS speakers of the 6 universities in the state exchange information, plan and discuss actions and seek supra-regional exchange. Two members per university are delegated by the StuPa.

The meetings take place every four weeks at different locations in MV.

Academic self-administration

In addition to student self-administration, students also have a say in the university's academic self-administration.

The Study Commission

One of the tasks of the Student Commission is to draw up recommendations for the further development of the subject matter and form of studies as well as for the use of the funds earmarked for studies and teaching and to participate in the evaluation of teaching, including student criticism of courses.

The Senate

The Senate decides on the submission of the basic and election regulations to the extended Senate as well as on the other statutes and regulations of the university, unless they are to be issued by the faculties.

The Extended Senate

The Extended Senate discusses the fundamental matters of the university. Its tasks include adopting the basic and election regulations at the suggestion of the Senate, electing and dismissing members of the university management and the University Council, adopting statements on drafts of the university development plan and the business plan.

The Administrative Board of the Studierendenwerk Greifswald

The Studierendenwerk runs the canteen, the cafeteria, the social counseling service, the BaföG branch office and the Holzhausen student hall of residence in Stralsund. The Administrative Board of the Studierendenwerk has set itself the task of issuing the statutes and fee regulations and monitoring compliance with them.

Our committees introduce themselves

There is a wide range of different committees and clubs at our university that cover all areas of interest. From sports and events to university politics, everything is included. You can join at any time and make new contacts with different people inside and outside the university. Come along and join in!





AStA stands for "Allgemeiner Studierendenausschuss"

(General Students' Committee).

The name says it all: we stand up for all students and generelly, any student can become a member. Our area of responsibility as student representatives includes improving teaching and student life at Stralsund University of Applied Sciences.

Are you interested?

Then get in touch by email, Instagram or drop by Haus 12!

Our meetings are always on Tuesdays at 7.15 pm in Haus 19 / Room 115.

♀ Haus 12 asta@hochschule-stralsund.de asta.hochschule.stralsund

FACHSCHAF

ElektroTechnik-Informatik



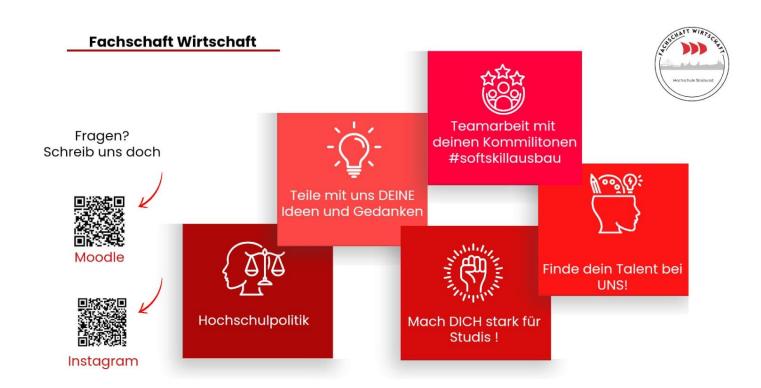
Our responsibility lies with you - the students of the ETI faculty. As we study the same subject, we are usually very familiar with your problems. We support you with challenges and wishes concerning your studies!

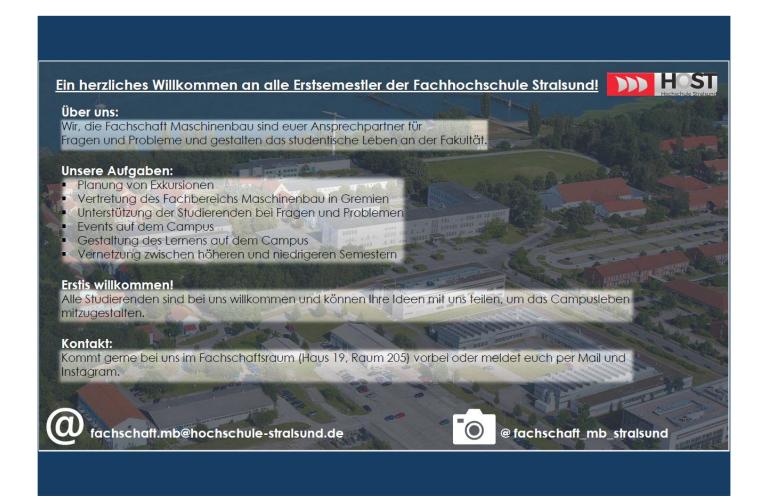
We also organize events for you from time to time for intellectual enrichment of any kind, in particular

- » Lerntage/ Study days
- » Pen&Paper Events
- » Board Game Afternoons » Yearly Christmas Party

Find us in House 4, Room 119, on Instagram at @fachschaft_eti_hst or simply send an email to fachschaft.eti@hochschule-stralsund.de if you need our support or want to become a supporter yourself!









Wer beim Sport schwitzt, schwitzt in den Prüfungen weniger.

Mach mit in der HSG!
Sporthalle, Sportplatz, Kraftraum, 16 Abteilungen und viele Gleichgesinnte.





Und das alles zu überschaubaren Kosten. Weitere Infos unter: www.hochschule-stralsund.de und dann unter "Leben und Region" die Hochschulsportgemeinschaft anklicken.



Leo Club Stralsund

>GORCH FOCK < STRALSUND



You want to organize projects, get involved socially and meet cool people?







- L Leadership
- **E** Experience
- Opportunities
- kontakt@leoclub-stralsund.de
- (©) leoclubstralsund
- f Leo Club Stralsund





INTERNATIONAL EVENT POINT

Cultures meet here

What we do

We organize events for international and german students. From traditional festivals of cultures from all over the world to trips to lasertag and the ozeaneum to game nights, everything is included.

How to keep updated



Follow us on Instagram to keep updated about our upcoming events

@IEP.HOCHSCHULE.STRALSUNC

Why join us

Improve your English skills
Get hands-on experience in planning events
Meet incredible people from all over
Looks good on your CV
Be part of our Events & Excursions,
Marketing or Finance Team

How to join

We meet every tuesday at 2 pm in House 21 Room 103/104. Feel free to join us and bring your ideas and events to life in the most fun way possible!







- 1 Formula Student team
- 1 Goal
- 1 Race car

FORMULA STUDENT

We design and build our own Formula Student race car every year and take part in international engineering design competitions.

Join us and make a difference!

ThaiGer-H2-Racing Team



Unsere Fahrzeuge:

- Wasserstoff Prototype
- · Batterie Elektrisch Prototype
- Batterie Elektrisch Urban Concept
- E-Scooter & E-Roller

Teil eines Europameisters werden?

- · Wir suchen aus allen Fakultäten!
- Keine Vorkenntnisse erwartet
- · Ihr könnt bei uns alles lernen!
- Hilft im Studium, durch Praktische Anwendung!!!







Sund-Xplosion e.V.

The IT-Club at the Campus of the HOST

What do we do?

- · Event planning & Marketing
- Yearly SX-Lan Party
- · Own IT-Projects
- Exchange with like-minded people
- · IT-Support

Where can you find us?

- · Building 4 / R. 321
- · Stop by anytime!

Or contact us via

· info@sund-xplosion.de















KarriereStartMentoring M-V

M TANDEM ZUM ERFOLG



Im Mentoring dreht sich alles um die optimale Berufsorientierung & späteren Berufseinstieg











Mentoring wirkt!

one-to-one-Mentoring mit erfahrenen Mentor:innen aus unterschiedlichsten Branchen, Unternehmen, Behörden und Bereichen

Programm für Bachelor- & Master-Studentinnen aller Fachrichtungen

Mail: karrierestart@hochschule-stralsund.de

BEWERBUNG: https://www.hochschule-stralsund.de/mentoring



Bist du Studentin und möchtest in 1 bis 3 Semestern deinen ersten Job starten?

Dann komm in uns Projekt!

Wir unterstützen dich in der Vorbereitung auf deinen Karrierestart durch drei Bausteine:

Eine Führungspersönlichkeit aus der Wirtschaft begleitet dich 10 Monate.

Mentoring

Learning

Seminare zur Entwicklung deiner Persönlichkeit & Gestaltung deiner Karriere werden dir geboten.

Networking

Dein Netzwerk kannst Du durch die des Projektverbundes und der Mentor*innen erweitern.

Ist Dein Interesse jetzt geweckt?

Schau unter:

www.karrierestartmentoring.fh-stralsund.de

Kontakt: Sabine Petters, Sabine Langner; Tel: 03831-456808; Haus 1; R. 234

Mail: karrierestart@hochschule-stralsund.de







Safe Space HOST

Big and small events, ordinary and extraordinary situations have the potential to both unite and divide us. Our HOST campus is a place for different groups and different people with unique personalities, experiences, perspectives and opinions to come together and feel at home. A respectful and collaborative environment, in our lecture halls as well as at our parties, is part of our campus culture. While studying and debating, during your sport sessions and your contributions to the university teams, while partying and flirting, alone or with others - look out for yourself and each other!

No Gos:

Being rude, condescending or abusive towards others because of our differences (nationality, culture, social and educational background, looks, language, disabilities).

Harassing, stalking, groping or mocking others. Ostracizing, bullying or obstructing someone else's personal development.

Simply put: "Just don't be an a***** and everyone gets along."

Kontakt:

Eva-Maria Mertens (Representative for Gender Equality)

Tel. 03831/456 789

Mail: eva-maria.mertens@hochschule-stralsund.de

https://www.hochschule-stralsund.de/host/gremien-undvertretungen/gleichstellung/

A little bit of Stralsund history

Stralsund - not that big, but certainly very cozy and charming. And who knows, maybe you'll like it here so much that you won't want to leave after your studies? After all, you're now studying where others go on vacation!

Where did you end up here anyway? Maybe you already know Stralsund from your vacation, maybe you've driven through or know the city from the media. To get to know Stralsund properly, a few historical aspects are essential. So, what happened here? The city's founding date is easy to remember: Stralsund was granted Lübisch city rights in 1234 and has been able to call itself a city ever since. 22 years later, the city wall was built, parts of which are still preserved. The geographical location and easy access to the Baltic Sea formed the basis for the maritime trade of medieval Stralsund.

In 1239, Stralsund, together with Lübeck, Wismar, Rostock and Greifswald, sealed the Hanseatic League of cities to protect economic interests.

On closer inspection, you may notice that the influence of the old Hanseatic times is visible in many places in the city. The more than 800 listed buildings bear witness to these times, as well as to almost 200 years of Swedish occupation from 1648 to 1815. During the Second World War, the Sund-Town also suffered great losses: More than 8,000 homes were damaged and almost 50 culturally and historically significant monuments were destroyed by bombs.

The destruction meant that reconstruction was necessary, resulting in a charming mixture of different stylistic periods: Enclosed by the once protective city wall, Gothic buildings rise up in bright brick red, and make the city's image unmistakable. The towers of the three churches rise impressively into the sky and shape the silhouette of your new home.

The highlight of the preservation efforts to date can be Stralsund's and Wismar's inclusion in the UNESCO World Heritage Site in 2002.

Bus travel in Stralsund

Planning

Route planning is sometimes a little difficult here, as the bus stops and bus routes in Stralsund are not included in Google Maps. Bus times and routes can be found via the DB app or the "MV-fährt gut" app.

The most relevant lines for Students:

Line 1: Stops directly at the university. It runs via the train station and the city center, but only during the week

Line 4: Stops at Knieper Nord, just under 10 minutes' walk from HOST. It also runs via the city center and train station, but in a different order, every day and more frequently than line 1

Line 60: From a certain time in the evening, the night bus only runs a few times, until around 11 p.m./0 a.m.

Tickets

If you have a €49 ticket, you can use it on all buses. For all others there is the possibility to buy one-way tickets (2,5€) on the bus or to get a 6-journeys-ticket (11,50€) and save some money.

Frequent travelers might consider a weekly ticket (16.40€) or a monthly ticket (48.80€). However, the Deutschlandticket is usually more worthwhile here. You can find more information on bus prices at https://www.vvr-bus.de/vvr/preise-vvr/ and train prices at www.bahn.de

Attention! The buses only take cash

Sporting events

Whether you want to watch or take part, you're sure to find what you're looking for here

Rügenbrücken-Marathon

The Rügenbrücken Marathon has been taking place since 2008, partly in Stralsund and partly on the island of Rügen. When registering, you can specify what you would like to run: Marathon, half marathon, 10km or 6km.

Stralsunder Hochschullauf

Once a year, the HSG organizes the Stralsund University Run. You decide which distance you would like to run, 10 miles (16.09 km), 8 km, 3 km or one kilometer.

Sundschwimmen

The International Swimming Event takes place every year at the beginning of July in the Strelasund. The whole thing is a spectacle, whether as a participant or a spectator. A thousand participants set off from Altefähr and cover a distance of 2,315 m before arriving back in Stralsund.

Mittwochs-Regatta

The Wednesday regatta takes place on the Strelasund every Wednesday. You can either sail along yourself, for example if you are a member of the HOST sailing club, or watch all the beautiful sailing boats on the Sund!

Shopping in Stralsund

Stralsund's shopping facilities are roughly divided into 2 areas:

City center

Here you will find everything from clothing to groceries, stationery, drugstores, furnishings, opticians, books, ...

Strelapark and surrounding area

The Strelapark shopping center looks similar, except that some of the stores here differ from those in the city center. On the way there from the HOST, you will also find several supermarkets.

Supermarkets

The closest to the HOST is Markant, followed by Aldi, Penny, Lidl, ...

Things to do in Stralsund

- Take a walk along the waterfront promenade
- Visit the beach in Parow
- Climb the tower of St. Mary's Church for a great view
- Relax on the beach
- Go pedal boating on the Knieper ponds
- Sitting together with friends at the harbor in the evening
- Attend the events at the HOST
- Go to the university cinema on mondays
- o Go swimming in the Sund
- Visit the Stralsund Theater
- Try out the cafés
- Go swimming in the Hansedom
- Visit the Ozeaneum
- Explore the surrounding area

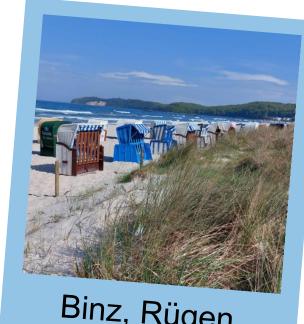
O ...

Trips around Stralsund

(without a car)

approx. 1h by train from Stralsund main station

Promenade and great beach for relaxing and swimming. On the long pier you can see the chalk cliffs in the distance



Binz, Rügen



approx. 1h by train from Stralsund main station

Beautiful hike along the chalk cliffs. Either above the chalk cliffs or along the rocky beach below.

approx. 1h by train from Stralsund main station

Largest city near Stralsund with many shopping opportunities

Tip: can be easily combined with a visit to Warnemünde (another 25 minutes by train from Rostock)



Rostock

approx. 1,5h by train from Stralsund main station

Large beach with dunes and a nice town with lots of fishing boats and old captain's houses to stroll past





approx. 20 minutes by train from Stralsund main station

University city with a beautiful old town

approx. 30 minutes by bike from University

Beautiful view of Stralsund and a small beach for swimming

Tip: highly recommended, especially at sunset



Altefähr, Rügen



Celebrations in Stralsund

Even though Stralsund doesn't have much to offer in the way of clubs, there is still plenty of partying to be had!

In addition to the "Anker Werkstatt" at the harbor (the only club in the city), there are many bars in the city center that are worth a visit.

You will notice there are many different events/gatherings taking place at the university campus, organized by the committees

There are also regular big events at the HOST such as the Halloween party, Profs@Turntables, Campusfestspiele and the Prom

Hafentage, the Christmas market, Wallensteintage and other events take place in the city.







Student advisory service

- Open office hours: Mondays from 9 till 12
- Individual Online-Consultation: Appointments by arrangement
- Individual Phone-Cosultation: Just call!
- Individual E-Mail-Consultation: studienberatung@hochschulestralsund.de

General study counseling:

Christina Wanke

Study advisor Bachelor studies

Tel:

+49 3831 45 6513

Room: 117, House 1

Email:

studienberatung@hochschule-

stralsund.de

For individual consultations, you can find the contact details for the respective clerks for your respective course on the HOST website, under the following link:

https://www.hochschulestralsund.de/studium-undlehre/services/studierendenver waltung/

Elisabeth Eilers

Study advisor Master's program

Tel:

+49 3831 45 6532

Room: 118, Haus 1

Email:

studienberatung@hochschule-

stralsund.de

HOST-Card

Your HOST card is a real all-rounder in everyday student life. You will receive the student card in the cafeteria in the first week (check your arrival and orientation week schedule). If you miss the appointment, you can also pick up the student card from your respective study office (see p. 25) in building 1.

The HOST card serves as a student ID card, library card, cafeteria card, printing card, for passing through the barrier system and as access authorization for various buildings on campus.

After you have re-registered for the new semester, i.e. as soon as you have transferred the semester fee, you should have your HOST card printed with the new validity period at the self-service terminal in the cafeteria lobby or in the waiting area in Building 1. This update is particularly important if you want to pass the barriers next to Building 21 by car. To avoid a traffic jam at the barriers in the first week of lectures, you should update your student card beforehand.

You can also use the HOST card to pay in the cafeteria and canteen. You can top it up with cash or card at the machines in the cafeteria's lobby. In addition to convenient cashless payment, the Studi card also shortens the waiting time at the checkout and you save a few cents when paying with the Studi card.

If you want to print or copy at the university, you have to transfer the money from your student card to your printing account. This can be done at the machine in the canteen anteroom next to the cafeteria.

E-Mail

When you enroll, you will also receive a HOST email address with the corresponding password. Even though you probably already have several email addresses, you will still need your new university address for many things: You can access your emails at web-mail. hochschule-stralsund.de. Everything related to your studies goes to this address, such as reminders of re-registration dates or loan periods for your library books as well as requests to register for exams. It is definitely worth checking your emails regularly!

You also need your email address to log in to the SuP Portal (see p. 27)...

You can also use your HOST email to access the WiFi and computers on campus.

If you want, you can also have your emails redirected. You can find instructions on how to redirect them on the computing center's website at:

https://www.hochschule-stralsund.de/host/einrichtungen-undverwaltung/zentrum-fuer-informations-und-kommunikationstechnik/#c903331

Study and service portal (SuP)

The SuP can be used for important organizational matters related to your studies. You can log in here with your university email address and the original password (the one you received when you enrolled).

When you logg in you will find the following functions:

- Contact information
- Study andministration
- Payments & re-registration
- certificates
- fee account
- certificates for all semesters
- Prüfungsverwaltung
- Prüfungsan- und abmeldung
- Informationen about registered exams
- grade table
- Info about the pre-internship

Examination and Study Regulations

There are some rules that affect your studies and that every student should know. The study and examination regulations are particularly important because they set out all the rules for achieving results.

It also describes how many attempts you have for an exam and whether there is a possibility of improving your exam performance.

The examination regulations can change. The examination regulations of the year in which you were enrolled apply to every student.

The current examination regulations for the respective degree programs can be found at www.hochschule-stralsund.de/studium- und-lehre/mein-studium/ordnungen/.https://www.hochschule-stralsund.de/studium-und-lehre/mein-studium/pruefungen/

Exam registration

Registration for the exam can be made via SuP within the given deadline. You will be informed about the deadlines by email.

In order to take part in an exam, prior registration is mandatory.

Once you have registered, you can deregister until 11:59 p.m. on the evening before the exam day.

Re-registration

Every enrolled student must re-register for the coming semester within the re-registration deadline in order to be able to continue their studies at HOST.

To do this, it is necessary to transfer the set semester fee to the university. Re-registration is done automatically by transferring the semester fee.

The amount of the semester fee can change and can be viewed on the Supportal, as can the status of the transfer.

You can find the current account details in the "Re-registration" section on the university website.

If the deadline is exceeded, a reminder email will be sent and an additional fee will be added.

Students who do not pay and thus re-register by the final deadline will be exmatriculated.

Leave of absence

There are many reasons why you might need a break: that's why you can apply for a semester off.

You can take up to four semesters off during your studies, but you can only take a break for a maximum of two semesters in a row.

Reasons may be:

- long illness, parental leave, family matters
- a practical activity that serves the study objective
- completion of military or civilian service
- studying abroad, etc.

In the first semester, a leave of absence is generally not possible. During a semester of leave, you will retain your place at HOST and can therefore continue your studies without having to reapply.

Coursework and examinations can only be completed during a leave of absence in exceptional cases with the approval of the university management.

It is also important to mention that no BAföG is paid during the semester off. The BAföG office of the student union can give you specific advice in this case.

Each semester off counts as one university semester, but is not included in the number of semesters. This can be important, for example, if you have to take exams within a certain period of time. Semesters off are therefore not included in this period.

Exmatriculation

If you have completed your degree, want to change university or end your studies for other reasons, you must de-register.

The de-registration application is available in Building 1 and can also be downloaded from the university's website.

After completing the application, it must be submitted to the Student Office or Student Secretariat.

However, exmatriculation can also be carried out by the university itself, for example if you have definitively failed an examination prescribed by the examination regulations, definitively failed to provide proof of performance or have not re-registered even after receiving a reminder from the university.

Library

The library has been intensively expanding its collection since it was founded in autumn 1991 and is primarily geared to the literature and information needs of the faculties represented at HOST.

In addition, the library is constantly acquiring new literature from related fields of knowledge as well as works of interdisciplinary and general interest.

Due to renovations, the library is currently not located in building 2 but rather in the BFW in building A7. The collection is freely accessible there.

The university library's OPAC catalogue can also be viewed outside of opening hours at https://www.hochschule-stralsund.de/host/einrichtungen-und-verwaltung/

hochschulbibliothek/, meaning that reservations and extensions of borrowed media are possible around the clock. You will also find direct access to other databases, e-journals and interlibrary loans there.

You will also receive regular notifications in your emails, e.g. reminders for expiring loan periods or information about new availability of pre-ordered books. Of course, the university library is not just for borrowing books. The numerous workstations, some of which are equipped with PCs or sockets for your own laptop, are the perfect place to study and research.

Opening times:
Current Opening hours
Are found on the
Hochschul- Website under
Hochschulbibliothek

Hochschulbibliothek – Berufsförderungswerk Stralsund GmbH Große Parower Straße 133, Haus A7 18435 Stralsund

www.hochschule-stralsund.de/host/einrichtungenund-verwaltung/hochschulbibliothek/

Tel.+493831456617

Email: hb-leihstelle@hochschule-stralsund

Extra tipp from us: If you want to enjoy reading in your free time or find additional sources of literature for your homework, the city library is the perfect place for you! You will find the library in the old town and everything a reader's heart desires. As a student, you can browse as much as your daily study routine allows, for just €6.14 a year (don't forget your student ID!) and maybe even find one or two sources for your homework.

Stadtbibliothek Stralsund
Badenstraße 13 • 18439 Stralsund
www.stralsund.de/stadtbibliothek
Tel.+493831253678
stadtbibliothek@stralsund.de

Studierendenwerk Greifswald (Student Union)

The Studierendenwerke Greifswald is responsible for the social, economic, health and cultural support of the students at the university, the Neubrandenburg University of Applied Sciences and the University of Greifswald.

The services of the Studierendenwerke Greifswald are financed from performance-related fees, semester contributions from students and state subsidies.

In Stralsund, the Studierendenwerke manages, among other things, the 274 dormitory spaces in Holzhausen, takes care of the BAföG, runs the canteen and cafeteria, provides information and advice on general, social and personal problems and also supports cultural initiatives by students.

Canteen and Cafeteria

The HOST cafeteria is located in the Audimax (building 3). You can eat here on weekdays from 11:15 a.m. to 2:00 p.m. and choose between various main courses and desserts. You can pay either in cash or - even more practical - cashless with your student card.

You can find the current meal plans at www.studentenwerk-greifswald.de and are therefore always up to date.

The cafeteria right next to the cafeteria invites you to relax and enjoy its attractive offers. Here you will find a variety of breakfast options, drinks, ice cream and small snacks for in between. Come by and take a little break, you will feel good!

The cafeteria is open on weekdays from 8:00 a.m. to 2:30 p.m.

Internet

Every student can log into the WiFi (eduroam) on campus. To do this, you need your university email address and password.

Eduroam is a network that can be used on different campuses in different countries, provided the universities are part of the program.

There is also the Host Web network, which is less secure than eduroam.

In the buildings of the individual faculties and in the university library, there are also PC pools with Internet access and printers.

For residents in Holzhausen, the Internet is provided via LAN by the Holzhausen network.

Financing

In order to study without worries, it is important to have secure financing for your living expenses during your studies.

There are various ways to finance your living expenses fully or partially. In addition to BAföG, there are other financing options such as part-time jobs, student loans or scholarships. The next pages are packed with information and ideas for a full wallet during your studies.

Welcome money from the Hansestadt Stralsund

All students who move their main residence to Stralsund will receive a one-off welcome payment of €150 from the Hanseatic city. All you have to do is maintain your residence in the beautiful Hanseatic city until December 31st of the current year.

Simply take your student certificate and your ID card with you to the residents' registration office, submit the application - and hey presto, you'll be €150 richer.

Don't forget! If you want to receive the housing benefit, remember to reregister!

BAföG

Funding under the Federal Training Assistance Act (BAföG) is the number one financing instrument if parents cannot afford to send their children to university on their own. The Greifswald Student Union is responsible for submitting applications to Stralsund University of Applied Sciences and has a BAföG office directly on campus for this purpose. If in doubt, you should always submit an application...

However, anyone who changes their field of study after the 3rd semester or starts a second degree after completing their first degree will only receive further funding under special conditions. In any case, if you have any questions, please email the BAföG office in Building 1.

Contakt

Hochschule Stralsund Außenstelle BAföG Zur Schwedenschanze 15 House 1, Room 125

Tel.: +49 3831 456766 or

+49 3831 456899

Email: bafoeghst@studentenwerk-

greifswald.de

Office hours

Monday: closed

Tuesday: 13:00 - 16:00 Wednesday: 13:00 - 15:00 Thursday: 09:00 - 12:00

Friday: closed

For further options for financing your studies (scholarships, housing allowance, ALG II, other state social benefits, student loans, education funds, etc.) please contact the social counseling service of the student union.

Scholarships and foundations

There are numerous foundations that support gifted students. However, many scholarships are not awarded based on merit alone. Social commitment also plays a major role.

So it is worthwhile for everyone to check out these options for financing your studies.

The university offers an overview of scholarships and foundations at www.hochschule-stralsund.de/studium-und-lehre/bewerbung/finanzierung-und-foerderung/.

Students who have already completed vocational training are also eligible. You can apply for an advancement scholarship. In addition to financing your studies in Germany, support for studying abroad is interesting.

There is support, for example, from the Society for International Cooperation www.giz.de, which offers scholarships specifically for university students, and from the German Academic Exchange Service www.daad.de.

Good luck!

Housing benefit

Your BAföG application was rejected and there is no other financial aid in sight? Students in need can apply for housing benefit according to §20 (2) of the Housing Benefit Act. To do this, go to the Office for Youth, Family and Social Affairs with your rejection notice.

Housing benefit is a subsidy towards housing costs for all those who,

- live in one household with their children
- are married, live in a marriagelike relationship or civil partnership, provided that the partner is entitled to housing benefit
- who have fundamentally forfeited their entitlement to BaföG, e.g. by exceeding the BaföG age limit or the standard period of study or by changing their subject too late, etc.
- •receive a scholarship from one of the major organizations promoting gifted students and are therefore excluded from receiving BAföG, but not from receiving housing benefit.
- Receive BAföG as a full loan (study completion assistance).

The amount of housing benefit depends on several factors and is therefore calculated individually.

Information on how to apply for housing benefit can be found on the website of the Hanseatic City of Stralsund, or at the following link:

https://www.stralsund.de/buerger/rathaus/verwaltung/Aemteruebersicht/amt_fuer_schule_und_sport/soziale_angelegenheiten/Wohngeld/

Social counseling

For all possible problems that affect your studies, you can contact the social counseling service of the Greifswald Student Union anonymously and free of charge. This often concerns, but not exclusively, questions about study financing, exam anxiety, learning and work disorders, time management and other personal problems.

If necessary, the social counseling service can also arrange discussions with the student union's own psychologist, who regularly offers counseling appointments on the university campus in Stralsund. The social counseling service can also provide short-term loans (e.g. to bridge the BAföG waiting period) and children's meal cards (for free lunches for students' children).

Sozialberatung des Studierendenwerks Greifswald Christin Rewitz House 1 • Room 145 Tel. + 49 3831 456 79 sb-hst@stw-greifswald.de and beratung@stw-greifswald.de

The contact and information point for self-help groups (KISS) in Stralsund is a contact point for everyone who is interested in self-help. No matter what worries or problems you have - you are not alone. If you contact KISS, you will find like-minded people and you can meet up to exchange ideas or distract yourself from your problems together.

KISS Kontakt- und Informationsstelle für Selbsthilfegruppen in Stralsund Mönchstraße 17 • 18439 Stralsund

Tel. + 49 3831 25 26 60

Email: kiss@stralsund.de

Monday 9 bis 12 Uhr Tuesday 9 bis 14 Uhr Wednesday 13 bis 17 Uhr Thursday 9 bis 12 Uhr

Studying with a child

Stralsund University is also known as a family-friendly university. The mission statement therefore includes, among other things, guaranteeing family-friendly study and work conditions, which should make it easier to combine family and study or work, thus enabling equal opportunities between university members with and without family responsibilities.

In May 2006, Stralsund University was certified for the first time as a "family-friendly university" for its exemplary commitment.

Barrier free University

Health restrictions or disabilities do not have to be a reason for you not to study. Any difficulties can be overcome through targeted preparation and planning of the course and with the support of the Stralsund University of Applied Sciences.

The university offers students with disabilities a wide range of support.

For example, the Holzhausen student residence has handicappedaccessible apartments that are rented out by the Studierendenwerke Greifswald. The residence is located directly on campus, which means that long journeys to lectures are avoided. All of the university's buildings are barrier-free.

To prevent discrimination during exams, there are special provisions in the examination regulations. This makes it possible to complete exams within an extended processing time or in a different form.

Contact the Asta

Do you want to stay up to date with information about your studies or parties or events organized by the AStA?

Or do you have questions/problems that we can help you with?

Simply follow us on Instagram: asta.hochschule.stralsund or access a collection of our most important links at https://linktr.ee/astastralsund so you don't miss anything!

On the HOST website, under the heading "Committees and representatives", you will also find a lot of information about our work and the individual departments. It's definitely worth taking a look!

Whether at the weekly AStA cinema, during freshers' week or at one of our meetings: we look forward to getting to know you soon on campus!

A lot of relevant information about university events is provided via the Instagram accounts of the university's clubs and committees.

Hochschule Stralsund: @hochschule_stralsund

Fachschaft Maschinenbau: @fachschaft_mb_hst

Fachschaft Elektrotechnik & Informatik: @fachschaft_eti_hst

Fachschaft Wirtschaft: @fachschaft_wirtschaft_hst

Asta: @Asta.hochschule.stralsund

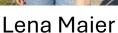
Uni Cinema: @blockbasta.stralsund

Visit our committees and clubs on Instagram!

Editing

The Ersti-Guide 2024 is based on the work of previous editorial teams and the AStA Internationals and Erstis department.







Carina Käfer



Rain Kaiser

We hope the Guide has helped you and we wish you every success with your studies and a great time in Stralsund!

we are always happy to answer any questions or suggestions you may have. please get in touch with us at: asta.erstis@hochschule-stralsund.de

Logos: We would like to thank all organizers and clubs for providing their logos and contributions.

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